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In *The Organized Mind*, Daniel J. Levitin, PhD, uses the latest brain science to demonstrate how those people excel—and how readers can use their methods to regain a sense of mastery over the way they organize their homes, workplaces, and time.

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Because we are more inundated with information than any of our ancestors being organized is a far more important trait than ever before. *The Organized Mind* is pretty much an updated version of *Thinking, Fast and Slow* for the information age. If you're looking for the real source text I recommend reading TF&S and Csikszentmihalyi's *Flow*.

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The Organized Mind. The Organized Mind: Thinking Straight in the Age of Information Overload is a bestselling popular science book written by the McGill University neuroscientist Daniel J. Levitin, PhD, and first published by Dutton Penguin in the United States and Canada in 2014. It is Levitin's 3rd consecutive best-seller, debuting at #2 on the New York Times Best Seller List, #1 on the Canadian best-seller lists, #1 on Amazon, and #5 on The London Times bestseller list.

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“The Organized Mind is for anyone interested in how the human mind organizes, and on occasion It is engaging, witty, compelling, and infused with science. shows how principles from psychology and cognitive neuroscience can help us better organize our daily lives. Move over, Freakonomics, there’s a new kid on the bookcase.”

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In the book The Organized Mind: Thinking Straight in the Age of Information Overload, New York Times bestselling author and neuroscientist Daniel J. Levitin provides the reader with insights on how our brain handles incoming information and he also provides practical guidance on how to manage lots of decisions we are required to make in ...

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to achieve. The digital age is partly the result of all the computers and tools that are now integral to the way we work. So the solution? Start thinking and work-ing more like a computer. That means being methodical, organized and logical.

THE ORGANIZED MIND

" The Organized Mind is for anyone interested in how the human mind organizes, and on occasion disorganizes, the world around us. It is engaging, witty, compelling, and infused with science. Levitin shows how principles from psychology and cognitive neuroscience can help us better organize our daily lives.

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